THOMASTON HIGH SCHOOL MENU – MAY 2024

with Marinara Sauce BREAKFAST IS FREE FOR ALL!! One meal per student, second breakfast is \$2.00 May is Salad Month!!! Salads are a daily with local growth for the second grow	UESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ALL!! One meal per student, second breakfast is \$2.00 May is Salad Month!!! Salads are a daily with local growth form of the second a Croissant Tater Tots Mix Pear Crisp WG Chicken and Waffles Tater Tots Maple Syrup Corn May 13-24 try our new BBQ Chicker Mashed Potatoes Steamed Corn WG Honey Biscuit	lamburger or heeseburger	Buffalo Chicken Sandwich	Chicken Bacon Ranch Sandwich	Crispy Chicken Sandwich	
Sausage, Egg and Cheese on a Croissant Tater Tots Mix Pear Crisp WG Chicken and Waffles Tater Tots Maple Syrup Corn May 13-24 try our new BBQ Chicker TPS Chicken Bowl Mashed Potatoes Steamed Corn WG Honey Biscuit	is paid this year - per lunch, free for free and reduced meals	1 Grandma's Pasta and Meatballs WG Garlic Knot Parmesan Roasted Cauliflower	French Toast Sticks Oven Roasted Potatoes Chicken Sausage Patties Maple Syrup	Cheese Pizza Ranchero Pizza Garden Salad with Ranch Dressing	
Sausage, Egg and Cheese on a Croissant Por Tater Tots Mix Pear Crisp WG Chicken and Waffles Tater Tots Maple Syrup Corn May 13-24 try our new BBQ Chicker Mashed Potatoes Steamed Corn WG Honey Biscuit	May is Salad Month!!! Salads are a great way to get in additional nutrients and fiber! May 1-10 try our new Asian Chicken Salad made fresh daily with local greens, mandarin oranges and crunchy noodles! Served with a whole wheat dinner roll				
Chicken and Waffles Tater Tots Maple Syrup Corn May 13-24 try our new BBQ Chicker 20 TPS Chicken Bowl Mashed Potatoes Steamed Corn WG Honey Biscuit	reens, mandarin ora 7 iicken Nuggets otato Wedges xed Vegetables 6 Honey Biscuit	nges and crunchy noodles! 8 Homemade Pasta and Meat Sauce WG Breadstick Green Beans	9 Meatball Grinder Sweet Potato Fries Broccoli	ner roll 10 Cheese Pizza Pepperoni Pizza Cucumber Greek Salad!	
TPS Chicken Bowl Swee Mashed Potatoes Steamed Corn WG Honey Biscuit	14 nicken Stir Fry Brown Rice Egg Roll	15 Penne Rosa Cheesy Breadstick Broccoli	16 Chicken or Cheese Quesadilla Salsa, Sour Cream Seasoned Black Beans	17 Wild Mike Bites Marinara Sauce Oven Baked Fries Strawberry Cucumber Salad!	
TPS Chicken Bowl Swee Mashed Potatoes Steamed Corn WG Honey Biscuit	May 13-24 try our new BBQ Chicken Salad made with local greens, purple cabbage with BBQ Chicken, corn, black beans topped with tortilla				
TPS Chicken Bowl Swee Mashed Potatoes Steamed Corn WG Honey Biscuit	strips! Served with a whole grain pretzel 20 21 22 23 24 24				
27	et & Sour Chicken Brown Rice Broccoli	WG Mac & Cheese WG Breadstick Italian Green Beans	Beef Nachos Cheese Sauce Salsa & Sour Cream Seasoned Black Beans	Cheese Pizza Buffalo Chicken Pizza Cucumber/Tomato Salad with Fresh Parsley! Memorial Day Treat!	
SCHOOL in observate of Menoral May Fresh	28 s BBQ Season! Popcorn Chicken Brown Rice Cole Slaw Corn on the Cob Watermelon nicken Caesar Salad!	Combo Platter Mozzarella Sticks Marinara Sauce Chicken Tenders Oven Baked Fries May with popcorn chicken	30 New!! Twin Chicken Tacos Salsa/Sour Cream Brown Rice Corn and Black Bean Salad , local romaine lettuce, parmes	Cheese Pizza Sausage Pizza Garden Salad with Italian Dressing	

DAILY OFFERINGS:

Premade Sandwiches Assorted Salads Fruit Yogurt Parfaits

Parents can make payments, check transactions or apply for free and reduced meals online @ lingconnect.com

Every Day Offerings:

Assorted Fresh Fruit Rainbow Veggie Tray **Canned Fruit** 100% Fruit Juice Unflavored & Flavored Low Fat Milk



Menu is subject to change. This institution is an equal opportunity provider. Jennifer Zarrilli, MS, RD, CD-N **Food Service Director**