


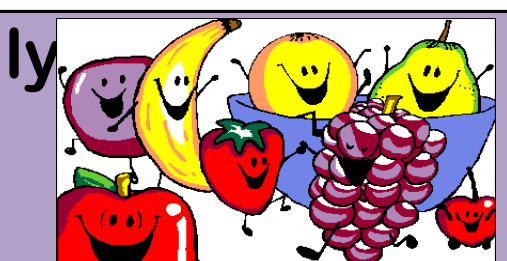
THOMASTON SCHOOL LUNCH

MILK \$.50

January-2018

BLACKROCK SCHOOL

LUNCH \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
<p>1-Jan</p> 	<p>2-Jan</p> <p>CHICKEN PATTIE ON A BUN CORN</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>3-Jan</p> <p>MINI PANCAKES WITH SAUSAGE PATTIE SYRUP</p> <p>OVEN BAKED POTATOES PUFFS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>4-Jan</p> <p>BEEF NACHOS with CHEESE SAUCE STEAMED BROCCOLI</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>5-Jan</p> <p>STUFFED CRUST CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>				
<p>8-Jan</p> <p>POPCORN CHICKEN BITES BROWN RICE DIPPING SAUCES PEAS</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>	<p>9-Jan</p> <p>WARM SOFT PRETZEL CHOOSE 1 OR 2 CHEESE SAUCE, PEANUT BUTTER, STRING CHEESE OR YOGURT STEAMED BROCCOLI</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>10-Jan</p> <p>SOFT SHELL BEEF TACO LETTUCE, TOMATO, CHEESE SWEET CORN</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>11-Jan</p>  <p>TO ALL JANUARY BIRTHDAYS</p> <p>TOASTED CHEESE SANDWICH TOMATO SOUP</p> <p>Whole Grain Mini Rice Krispie Treat</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>12-Jan</p> <p>STUFFED CRUST CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>				
<p>15-Jan</p> 	<p>16-Jan</p> <p>CHICKEN NUGGETS BROWN RICE DIPPING SAUCES CARROTS</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>	<p>17-Jan</p> <p>HAMBURGER or CHEESEBURGER ON A BUN OVEN BAKED POTATOES PUFFS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>18-Jan</p> <p>PASTA WITH MEAT SAUCE GARLIC BREAD GREEN BEANS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>19-Jan</p> <p>STUFFED CRUST CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>				
<p>22-Jan</p> <p>CHICKEN TENDERS WARM DINNER ROLL CARROTS DIPPING SAUCES</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>	<p>23-Jan</p> <p>PIZZA CRUNCHERS STEAMED BROCCOLI</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>24-Jan</p> <p>HOT DOG ON A BUN BAKED BEANS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>25-Jan</p> <p>SOFT SHELL BEEF TACO LETTUCE, TOMATO, CHEESE SWEET CORN</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>26-Jan</p> <p>STUFFED CRUST CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>				
<p>29-Jan</p> <p>CHICKEN PATTIE ON A BUN CORN</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>	<p>30-Jan</p> <p>BOSCO STICKS MARINARA SAUCE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>31-Jan</p> <p>MINI PANCAKES WITH SAUSAGE PATTIE SYRUP</p> <p>OVEN BAKED POTATOES PUFFS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>1-Feb</p> <p>BEEF NACHOS with CHEESE SAUCE STEAMED BROCCOLI</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>2-Feb</p> <p>STUFFED CRUST CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY / FRUIT JUICE ASSORT FRESH VEG & FRUIT TRAY</p>				
<p>Choice #2 ASSORTED GRINDERS</p> <p>Choice #3 Warm soft bagel, Cream Cheese, Fruited Yogurt, Cheese Stick,</p> <p>Choice #4 CHEF SALAD - Assorted salad greens, turkey and cheese with a dinner roll and croutons</p> <p>Choice of non-fat or low fat, white milk or non fat chocolate, non fat strawberry milk included with every meal.</p>			<p>This institution is an equal opportunity provider</p> <table border="1"> <tr> <td>ICE-CREAM & FROZEN TREATS \$1.00</td> <td>WATER \$1.00</td> </tr> <tr> <td>HEALTHY SNACKS \$1.00</td> <td>BREAKFAST \$1.50</td> </tr> </table>		ICE-CREAM & FROZEN TREATS \$1.00	WATER \$1.00	HEALTHY SNACKS \$1.00	BREAKFAST \$1.50
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<p>COMPLETE EACH MEAL WITH YOUR CHOICE OF A COLORFUL ASSORTMENT OF HIGH FIBER, VITAMIN PACKED FRESH VEGGIES AND FRESH FRUIT OR CANNED FRUIT</p>		<p>choose one or two vegetables daily</p> 	<p>choose one fruit daily</p> 	<p>Milk Serving 8oz. Breads are Whole Grain Fruit and Vegetables portioned in 1/2 cup servings</p>				